

Nuna Kallpa Empowerment

Circles of Sanctuary

This Activation Sequence is one of our favourite practices for calling in and attuning to, epic amounts of love and energetic support from the many allies and guides that are supporting our individual and collective process of evolution and awakening. We recognize that in these incredibly intense times and it can be very difficult to stay centered in our hearts and bodies. Sometimes it can feel like the collective waves are sweeping over and knocking us down. “Circles of Sanctuary” is a practice to assist you in creating more spaciousness, support and resources from your spiritual guides and realms of benevolence, that are only ever a prayer away. We work with this practice all of the time and it is a HUGE blessing of skillful means.

Remember, that as we are building new internal pathways (be them neural or in our energy bodies) we build these new pathways through practice and repetition, until the practice becomes second nature. If you are finding yourself, off center or easily emotionally or energetically "rocked"- practice this! Call the "Circles of Sanctuary" around you at all times. We also highly recommend calling in some form of these circles before you enter dream time each night. Many people are having a chaotic "dream" life right now, and this is something that can be greatly supported through invoking these circles to support you through all levels of consciousness.

Practice:

Imagine, feel, and perceive a very bright light above your head. This light is your higher self. Your soul self. Calling down this divine light

of your higher self into and around your body starting at your crown. As you breathe in your crown chakra opens and this golden liquid divine light moves in through your head, over your pineal and pituitary glands, down into your face and jaw, throat, back of your neck, down your arms and hands, into your chest and heart, through your solar plexus and organs, into your hips, legs, knees and feet - and continuing to flow down into the many layers of the earth until this light of your higher self connects with the heart of our earth mother. Then, feel this energy, along with the energy of Pachamama to return back up through the earth and into our feet, your root, and into your heart. Now taking some deep breaths into this embodiment of your higher self and your deep connection to Pachamama. Breathe. Use your “divine imagination” and shamanic vision to fill in all of the spaces within your body and around your body, with the golden invincible light of your Soul. Your soul is a unique expression of Divinity that is Holy, Divine, Sovereign Love.

(FYI- Be clear about what energetic support you are calling in. We only work with spirits and energies that are in the rank of Guide. To be a guide a spirit must be- truthful, kind, loving, generous, and omniscient. You get to choose what quality of beings to welcome in your bubble. BE DISCERNING. Be cautious if a spirit asks for you to do something or gives you advice that does not feel in alignment with your heart; is in any way based in fear or separation; or if this action would cross any others sovereign free will. Just because you are given guidance from a spirit does not mean it's in your best interest to follow that guidance. Discernment and common sense is always required and can never be abdicated to another! Be specific in your prayers and requests for guidance. Here is how Robin asks for every request for guidance:

“Beloved Great Spirit, beloved guidance councils of wisdom and sanctuary:

Is it in the most expanded and beautiful good of all and in service to all life, as well as in service to the greatest well being of all that I am, on every level and in every way, known and unknown, as well as each member of this family for me to _____”.

Circle #1 - Shamanic Guides and Allies.

Now visualizing a circle of light surrounding you about three feet out, just at the edge of your energy bubble. In this circle we call in all your shamanic guides and allies. Calling in mother earth from beneath you, the moon from above, the light of the sun as well as the infinity of great spirit. Calling in the spirits of the land where you live, mother nature and all her nature spirits, all the majestic tree beings, our fully healed ancestors and ancient ones. Calling in the elemental forces of earth, water, air and fire. Calling in all of the nature spirits. Calling in our animal allies and totem animals. Calling in all our medicine plant allies and plant devas. Breathe in all of the medicine, love and benevolence of these allies.

Circle #2 - The Sacred Apus and Cochas.

Now visualizing your second circle of light another few feet back. In this circle we are going to invite all our mountain allies - the apukuna and the sacred waters of the planet - the cochas. The mountain spirits are known as the most evolved and advanced consciousness on the planet. Epicly powerful and wise.

Calling all the mountains that live around you and surround you now. Also calling in the 12 lineage apus of the Pachakuti mesa tradition. Apu Ausangate, Apu Salkantay, Apu Pachatusan, Apu Huanakari, Apu Pikol, Apu Ilimani, Apu Machu Picchu, Apu Veronica, Apu Pitusuray, Apu Colque Punku, Apu Wiracochan, Apu Pumasillo. Thank you beautiful ones. Breathe.

Also calling in all the sacred waters near where you live and places special to you - the oceans, lakes, rivers, streams, and lagoons. Breathing in the life force and medicine of the mountains and waters. Breathe.

Circle #3 - The Ascended Masters

Now visualizing your third circle of light another few feet back. In this circle we are going to invite our helping guides of the ascended master realm. These luminous ones are very advanced souls who were once human but have evolved to higher levels of consciousness. The ascended masters are incredible guides since they know how it is to be human and how to transform to the next level creation, personally and collectively. We recognize many of these beings from our different spiritual systems around the world.

Now calling in to surround you in this third circle of light the divine feminine ascended masters: White Buffalo Woman, Isis, Hathor, Green Tara, Mother Mary, Grandmother Anna, Mary Magdalene, Joan of Arc, and Quan Yin, Yeshe Tsogyal. Breathing in deeply to invite these beloved ones into our circle. Calling in any other divine feminine masters that resonates with you.

Now calling in the divine masculine ascended masters of St. Germaine, Thoth, Buddha, Yeshua, Babaji, Yogananda, Padmasambhava, Sananda,

and any other divine masculine ascended masters that resonates with you into this circle.

Thank you beautiful ones! Breathing in the divine medicine and support of these beings. Breathe.

Circle #4 - The Star Relatives

Now visualizing your fourth circle of light a few more feet back. In this circle we are going to invite our star guides and star families of our cosmic lineage. We all come from a long line of ancestors that lived on earth, and those that are from other worlds. Remember, the universe is filled with life. This is going to be a huge wake-up call to our civilization when we realize we are not the only intelligent life in the universe. In fact, there are millions of planetary and galactic civilizations that are millions to billions of years more evolved than us. We all come from many of these civilizations and have teams of support from these many dimensions.

Now calling in to surround you in this fourth circle of light all your star families and guides from the highest dimensions of light and love that are here to serve your time on earth. Breathing and inviting these luminous ones to surround you and support you now. Breathe.

Circle #5 - The Angelic Realm

Now visualizing your fifth circle of light a few more feet back from the fourth. In this circle we are going to invite our angelic guides and the Archangels. These beings are of the purist love and light hold a very refined vibration. Here to serve you and all of creation.

Now calling in to surround you in this fifth circle of light all our angelic guides and the Archangels; Archangel Micheal, Archangel Gabriel, Archangel Uriel, Archangel Rafeal, Archangel Chamuel, Archangel

Haniel, Archangel Zadkiel, Archangel Sandalphon, Archangel Metatron, Archangel Raziel, Archangel Raguel, Archangel Jophiel, Archangel Jeremiel, and any other Archangels you like. Calling in the Principalities, the Powers, the Virtues, the Dominions, the Thrones, the Cherubim, and the Seraphim (we include in this order the Sophia Dragons.)

Welcoming and breathing in all these angelic forces into your fifth circle of light. Breathe.

Now spend some time feeling, resonating and attuning to the infinite support and love of your spiritual support teams. You are loved and supportive every moment of your life. Never alone. Always loved. Receive this infinite love into all your cells and fabric of your being. Breathe. Spend some time in this place of truth. Rest in the center of your circles of Sanctuary, in the golden light and invincible radiance of your true essential nature, held in loving reverence by all these amazing energies and spirits.